



## GO WILD Minneapolis Dance Sport RULES & REGULATIONS

### SYLLABUS RESTRICTIONS

- Material danced should be based on the NDCA or equivalent syllabus. Lifts are allowed only in a solo exhibition or Cabaret performance.
- The NDCA approved step list will be invigilated.
- NDCA dress codes will be strictly enforced.
- NDCA Web address:  
[https://www.ndca.org/pages/ndca\\_rule\\_book/Default.asp](https://www.ndca.org/pages/ndca_rule_book/Default.asp)

### DANCING CONSECUTIVE LEVELS & AGE DIVISIONS

- Students can dance Newcomer for one year only, regardless of style.
- Teachers can only have one entry per dance/level/age category combination.
- Students MAY dance up to 6 consecutive levels in each style. e.g. (Newcomer 1 - Silver 2 or Newcomer - Open Bronze)
- Students can dance their own age level and one level younger unless they are under 18 or an A1.

### NDCA REGISTRATION

- All Pro/Am teachers, students, and amateur couples are required to have a current 2026 registration with the National Dance Council of America.
- Register online: [www.ndca.org/register/](http://www.ndca.org/register/)

### FORDNEY FOUNDATION

- For age guidelines, events, point/ranking system, awards, and prize money information visit: <https://www.fordneyfoundation.org/junior-and-youth-dancesport>

### TOP STUDENT

- Awards will be presented to the Top male and Top female Newcomer, Bronze, Silver, Gold, and Open students based on number of entries and placements.
- A trophy will also be presented to the Top Amateur couple based on number of entries

### TOP MALE + FEMALE TEACHERS

- Will be determined by a combination of entries and placements as described on the World ProAm Dancesport Series website.
- In addition to the Teacher's Pot of Gold prize money, the top male and female teachers will receive trophies.
- Multi-dance and scholarship entries count as one entry toward the Teacher's Pot of Gold award money, and Top Teacher awards.
- Pre-teen, Junior, and Youth Pro/Am entries will count as 1/2 of a point.

### SOLO GRAND CHALLENGE

- Solo exhibitions can last a maximum of 3 minutes.
- Music must be individually labeled with student's name and heat number. All music must in MP3 format and brought to the music director on a non-protected flash drive.
- A student may only represent one dance during the evening dance-off.

### TOP STUDIO QUALIFICATIONS

- Based on a combination of packages, entries and placement points.